

BOOKS FOR ADHD

BOOKS FOR CHILDREN

Cory Stories: A Kid's Book About Living With ADHD, Jeanne Kraus

It's Hard To Be A Verb?, Julia Cook

Learning How to Slow Down And Pay Attention, Kathleen G. Nadeau

Putting On The Brakes, Patricia Quinn

Silence, Lemniscates

Sit Still!, Nancy Carlson

The ADHD Workbook For Kids: Helping Children Gain Self-Confidence, Social Skills, and Self-Control, Lawrence Shapiro, PhD

The Survival Guide for Kids With ADD or ADHD, John Taylor

BOOKS FOR YOUTH/TEENS

Take Control of ADHD: The Ultimate Guide For Teens With ADHD, Ruth Spodak, PhD

The ADHD Workbook For Teens: Activities To Help You Gain Motivation and Confidence, Lara Honos-Webb

BOOKS FOR ADULTS

Driven To Distraction (Revised): Recognizing And Coping with Attention Deficit Disorder, Edward Hallowell, MD and John Ratey, MD

Parenting Children with ADHD: 10 Lessons That Medicine Cannot Teach, Vincent Monastra

Raising Boys with ADHD: Secrets for Parenting. Healthy, Happy Sons, Mary Anne Richey

Taking Charge of ADHD: A Complete Authoritative Guide For Parents, Russell Barkley

Teenagers With ADD and ADHD: A Guide For Parents and Professionals, Chris Zeigler Dendy

You Mean I'm Not Lazy, Stupid or Crazy?!: The Classic Self-Help Book For Adults With Attention Deficit Disorder, Kate Kelly and Peggy Ramundo